



**ANNUAL REPORT 2022-2023**





# Message from the Executive Director

Dear Friends of UCP,

Over the last year UCP of Stanislaus has focused on growth and renewing our ongoing commitment to the individuals we serve. Our mission is to be an indispensable resource to individuals with Cerebral Palsy and other disabilities, their families and their communities. One thing we have focused on that encompasses growth, our commitment to those we serve, and our mission is to focus on Person-Centered Training. PCT is the guiding principle of respectful listening which leads to actions to ensure people have control over the life they desire and find satisfying. It also ensures individuals are recognized and valued for the current and potential contributions to their communities and are supported through relationships, both natural and paid within the communities in which they live.

Two of UCP's dedicated staff were trained as PCT Trainers over the last year. It took a lot of time and dedication on their part to complete the program. Both are now focused on training staff on ways to use the tools they learn to support those we serve.

UCP had the opportunity to join a collaborative effort with the Valley Mountain and Alta Regional Centers to address the ongoing issue of DSP (Direct Support Professionals) staffing shortages that are affecting vendors nationwide. Over the last year The DSP Collaborative has focused on educating the public about what DSP's do day to day. The goal is to share knowledge widely and expand the pool of people being recruited to fill the many open positions. The Collaborative has also held job fairs throughout the area to help vendors recruit new employees. UCP had the opportunity through this collaborative effort to make a short video with Joey Travolta and Inclusion Films that focused on our staff and what they do as DSP's. The filming process was new to all of us, but Joey and his team were able to coach us through it. The finished video can be seen on our YouTube, Facebook or Instagram pages.

Our focus for the next year will be continuing to advocate for higher rates for programs, to allow us to pay our better wages and offer even better programs. Recently the state approved mandatory wage increases for other types of employment, while this would be great for our field, it must be accompanied with a rate increase to fund it.

Thank you,

*Chris Martin*

Executive Director

# UCP of Stanislaus Services

## Day Programs

**Focal Point and Central Connections** are both center-based Adult Day programs in Modesto and Turlock where participants work on personalized goals and objectives to meet their needs. The program focuses on skill building in the areas of self-advocacy, independent living skills and pre-employment. Other areas of training include communication, physical education, cooking, technology, and social skills.

**Expanding Horizons** is a community-based learning and integration experience. This program allows participants to be active participants of the community in which they live. Each day the participants work to build skills in areas such as independence and self-sufficiency, personal safety, mobility training, self-advocacy, vocational skills and exploration, communication, and use of community resources. Participants of this program participate in community service activities, attend social outings, participate in a recycling program, maintain a community garden and stay healthy by participating in various recreational activities.

**Remote Services** has come about during the pandemic as a way to serve those who are not ready to come back to in person program or who want to explore different services. Through Remote Services members can have home visits to work on various goals, zoom calls and classes to meet up with others. Learn new skills in their homes and help build upon their natural supports.

## Buddy Club

Buddy Club is a monthly social event for individuals with disabilities ages 16 and up. This club celebrates friendship, socializing and fun. They get together each month and do activities such as crafts, painting, games, dancing and Karaoke. Buddy Club was formed in partnership with Society for Disabilities.



## Employment Programs

UCP is committed to an excellence in service utilizing a person-centered approach in the areas of job placement, development, and implementation.

In partnership with the Department of Rehabilitation and Valley-Mountain Regional Center, UCP offers the following services to individuals seeking employment:

- External Situational Assessment
- Job Placement
- Job Coaching
- Job Development
- Internship Programs

## Aktion Club

Aktion Club is the only service club for adults with disabilities, with more than 12,000 members worldwide. UCP in partnership with Society for Disabilities, Kiwanis of Greater Turlock and Kiwanis of North Modesto has started a local chapter. As it continues to grow, Aktion Club will give the individuals we serve an opportunity to serve their community and form valuable friendships.



## Spark an Imagination Reading Club

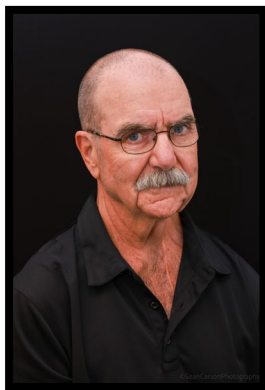
Reading Club is a partnership with Special Needs in My City that meets each week to read books together. Think book club and social hour. It was developed out of need for socialization during the pandemic but has continued to be a great way to spark imaginations through reading.



# Board of Directors



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# Leadership Team



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*Executive Director*



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Marisol Moreno  
*Day Programs  
Manager*



Doug Hea  
*Employment  
Services Manger*

**Community – Integration – Responsibility - Self-Determination - Worth**

# 2022-23 Financial Highlights

## Statement of Assets & Liabilities

Revenue		
Unrestricted Income	946,139	26.4%
Restricted Income	814,274	22.8%
Valley Mountain Regional Center	1,796,869	50.2%
Department of Rehabilitation	0	0%
Other Income	13,860	.4%
In-Kind Contributions	6,418	.2%
Private Pay	0	0%
<b>Total Income</b>	<b>\$3,577,560</b>	
Expense		
Program Expenses	2,026,664	76%
Fundraising Expenses	3,214	0.12%
Administrative Expenses	645,736	24%
<b>Total Expense</b>	<b>\$2,675,614</b>	

## Statement of Revenue & Expense

Assets		
Cash & Equivalent	3,258,362	60.2%
Receivables, Net	38,099	.7%
Investments	786,436	14.5%
Property & Equipment, Net	216,825	4%
Other Assets	1,114,607	20.6%
<b>Total Assets</b>	<b>5,414,329</b>	
Liabilities		
Accounts Payable	176,572	16%
Accrued Expenses	914,707	84%
<b>Total Liabilities</b>	<b>1,091,279</b>	<b>20%</b>
Net Assets		
Unrestricted	4,201,296	97%
Temporarily Restricted	121,754	3%
<b>Net Assets</b>	<b>4,323,959</b>	
<b>Total Liabilities &amp; Net Assets</b>	<b>5,414,329</b>	



# A Path to Independence

Cheyenne Anderson has attended UCP of Stanislaus Turlock Day Program since diagnosed with Autism at the age of 22. During her time with UCP she has indicated her main goal in life is to gain independence and move out on her own. That is a big goal, but she has learned ways to help get herself there.

During her time in UCP's Turlock Day Program, she has started multiple micro businesses for herself and other participants to earn money. Cheyenne helped start a garden, where she grew cucumbers and then taught a class in how to make bread and butter pickles to sell. She also sells items that she knits and her homemade jalapeno jelly.

Through these opportunities, Cheyenne has gained the confidence to advocate for herself and others through her position as president for the Turlock UCP chapter of SAC6.

Cheyenne made the decision to start seeking employment, which gives her a financial start toward independent living. She worked at a local dog kennel and is now working in a bookstore.

Cheyenne knew that she needed to get a drivers license if she wanted to get to and from work and other places without relying on unreliable public transportation. She focused on studying for the test, once she passed the written portion, she found people that would help her learn to drive. Cheyenne was able to pass her drivers test and progress one more step toward living on her own.

With the new freedom Cheyenne has gained, Cheyenne's next goals include continuing advocacy work, working on her small knitting business, and moving out of her parents' house.



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